



200-hour Teacher Training Application beginning August 26, 2022

Meets 12 hours each weekend.

Fridays 5:30 - 8:30 pm

Saturdays 9:00 am - 2:30 pm (w/30 mins of break)

Sundays 1:30 - 5:30 pm

Start Date of Course: August 26, 2022 - March 19, 2023

Name

Address

City, State Zip

Phone Numbers - Main

Alternate

Email

Date of Birth

Occupation

High School Education

Name, City, State

Graduation Date

or GED Date

College Education

Name, City, State

Dates Attended

Degree Earned

How did you hear about the College of Purna Yoga™?

How would you rate your overall health?

Do you have any current medical conditions?

Please answer the following questions on separate paper (typed, no more than 2 sheets total please):

1. What styles of yoga and meditation have you done and for how long? Which teachers have most inspired you?
2. Briefly describe your current yoga and meditation practice. Include you current challenges and breakthroughs.
3. Have you taken any courses in Purna Yoga? If so, which one(s)?
4. Have you done a yoga teacher training course before? If so, which one(s)?
5. Do you currently teach yoga? If so, please describe your teaching style and purpose. If not, why do you wish to teach yoga?
6. What are your expectations of the program? What do you hope to learn?

Thank you!

Submitting Your Application

Courses are limited to 8 participants so we recommend you apply as early as possible. Bring your completed application to the studio or mail to:

Purna Yoga College at Purna Yoga East
c/o Catharine Eberhart
527 East Second Street
Clayton, NC 27520

Include:

- Application (this 2-page document)
- Your typed answers to the questions above
- Your \$300 non-refundable registration fee or pay online www.purnayogaeast.com

Tuition and Fees

\$ 300 non-refundable application fee which is due with application (mail check, bring cash to studio or pay online)

\$3,600 Tuition (payment plans and options are available)

What Happens Next?

We will contact you by email to confirm your enrollment.

Purna Yoga College at Purna Yoga East
527 E. Second St, Clayton, NC 27520
www.purnayogaeast.com • 919-270-4892 • info@purnayogaeast.com