



## 200-hour Teacher Training Application for January 3, 2020

**Weekday format meets every**

**Monday, Tuesday and Thursday: Jan 6 - Apr 2**

From 9:15 am - 1:15 pm

No class: Jan 20, Feb 17 and Mar 16

**You will also meet on three partial weekends:**

Friday: Jan 3, Jan 31, & Apr 3 5:00 -9:00 pm

Saturday: Jan 4, Feb 1, & Apr 4 9:00 am - 6:00 pm

**Start Date of Course: January 3, 2020 - April 4, 2020**

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Name

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Address

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City, State Zip

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Phone Numbers - Main

Alternate

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Email

Date of Birth

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Occupation

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### High School Education

Name, City, State

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Graduation Date

or GED Date

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### College Education

Name, City, State

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Dates Attended

Degree Earned

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How did you hear about the College of Purna Yoga™?

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How would you rate your overall health?

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Do you have any current medical conditions?

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**Please answer the following questions on separate paper (typed, no more than 2 sheets total please):**

1. What styles of yoga and meditation have you done and for how long? Which teachers have most inspired you?
2. Briefly describe your current yoga and meditation practice. Include your current challenges and breakthroughs.
3. Have you taken any courses in Purna Yoga? If so, which one(s)?
4. Have you done a yoga teacher training course before? If so, which one(s)?
5. Do you currently teach yoga? If so, please describe your teaching style and purpose. If not, why do you wish to teach yoga?
6. What are your expectations of the program? What do you hope to learn?

Thank you!

### **Submitting Your Application**

Courses do fill, so we recommend you apply as early as possible. Bring your completed application to the studio or mail to:

Purna Yoga College at Purna Yoga East  
c/o Catharine Eberhart  
521 East Second Street  
Clayton, NC 27520

Include:

- Application (this 2-page document)
- Your typed answers to the questions above
- Your \$300 non-refundable registration fee or pay online [www.purnayogaeast.com](http://www.purnayogaeast.com)

### **Tuition and Fees**

\$ 300 non-refundable application fee which is due with application (mail check, bring cash to studio or pay online)

\$3,300 Tuition (payment plans and options available)

### **Scholarships**

We have a limited number of scholarship opportunities available through November 15th. Please inquire if you would like to apply for a scholarship. Scholarships are awarded on a merit or needs basis. Scholarship decisions will be made granted by Nov 20th.

### **What Happens Next?**

We will contact you by email to confirm your enrollment.

Purna Yoga College at Purna Yoga East  
521 E. Second St, Clayton, NC 27520  
[www.purnayogaeast.com](http://www.purnayogaeast.com) • 919-270-4892 • [info@purnayogaeast.com](mailto:info@purnayogaeast.com)