



200-hour Purna Yoga College Lifetime of Yoga Training 2024

Meets 13 hours each weekend.

Fridays 5:30 - 8:30 pm

Saturdays 9:15 am - 3:15 pm (w/30 mins of break)

Sundays 12:30 - 4:30 pm

Start Date of Course: January 5, 2024- June 23, 2024

Name _____

Address _____

City, State Zip _____

Phone Numbers - Main _____

Alternate _____

Email _____

Date of Birth _____

Occupation _____

Education (please list courses from which you have graduated for example high school, colleges, other trainings)

How did you hear about the Purna Yoga College™? _____

How would you rate your overall health? _____

Do you have any current medical conditions? _____

Purna Yoga College at Purna Yoga East
527 E. Second St, Clayton, NC 27520
www.purnayogaeast.com • 919-270-4892 • info@purnayogaeast.com

Please answer the following questions on separate paper (no more than 2 sheets total please):

1. What styles of yoga and meditation have you done and for how long? Which teachers have most inspired you?
2. Briefly describe your current yoga and meditation practice. Include you current challenges and breakthroughs.
3. Have you taken any courses in Purna Yoga? If so, which one(s)?
4. Have you done a yoga teacher training course before? If so, which one(s)?
5. Do you currently teach yoga? If so, please describe your teaching style and purpose. If not, why do you wish to teach yoga?
6. What are your expectations of the program? What do you hope to learn?

Thank you!

Submitting Your Application

Courses are limited to 12 participants so we recommend you apply as early as possible. Bring your completed application to the studio or mail to:

Purna Yoga College at Purna Yoga East
c/o Catharine Eberhart
527 East Second Street
Clayton, NC 27520

Include:

Application (this 2-page document)
Your answers to the questions above
Your \$300 non-refundable registration fee or pay online www.purnayogaeast.com

Tuition and Fees

\$ 300 non-refundable application fee which is due with application (mail check, bring cash/check/apple pay to studio or pay online)

\$3,600 Tuition (payment plans and options are available)

What Happens Next?

We will contact you by email to confirm your enrollment within three weeks of receiving your completed application.

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